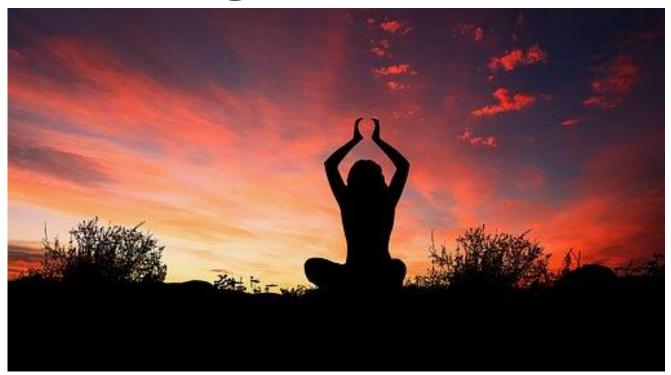
WED 4 APRIL

Experience the calming effect of Yoga



Come and experience the physical and mental health benefits of yoga, led by an experienced Yoga teacher.

Refreshments will be provided.



Event Details

When: Wednesday 4 April, 9:30am - 10:45am

Where: Park View Room, Ground Floor, Lane Cove Community

Hub, 1 Pottery Lane, Lane Cove

Register: Bookings essential, call 9427 6425 or

email jfaigen@sydneycs.org

Limited transport available. Pick up from Hunters Hill.



